

1. Available

2. U.S. Cellular

730 Center St. Auburn, ME 04210
(207) 777-0000 www.uscellular.com
Will Winslow

Knock out hidden fees with total plans and unlimited data!

3. Maine Senior Guide

PO Box 48 Freeport, Maine 04032
(207) 232-7847 www.MaineSeniorGuide.com
Deborah McLean dmclean@MaineSeniorGuide.com

Maine Senior Guide is your free on-line resource of services and information for Maine seniors and their families, and the host of five senior expos this year throughout the state. Find us on-line at www.MaineSeniorGuide.com, where you can search geographically for services ranging from senior living to estate management. This year, Maine Senior Guide is also co-hosting **Your Second Act Maine**, a conference for Boomers on October 14 at the University of New England. Get more info on line at www.MaineSeniorGuide.com.

4. Disability Rights Maine & Maine Relay

68 Bishop St., Unit 3, Portland, ME 04103
(207)797-7656 www.drme.org
Elaine Williams ewilliams@drme.org

Hamilton Relay provides traditional relay services for the state of Maine including CapTel, a service that provides word-for-word access to all telephone communications. Disability Rights Maine provides Information and Referral, Individual Advocacy, Legal Representation, Education and Training and Assistance with Self-Advocacy.

5. Daniel Buck Auctions and Appraisals

Auctions, Appraisals and Estate Sales
501 Lisbon St., Lisbon Falls, ME 04252
207-407-1444 www.DanielBuckAppraisals.com
Daniel Buck Daniel@DanielBuckAppraisals.com

Daniel Buck has been assisting clients with right sizing of their antiques, fine art, estate and household belongings for more than 40 years. Since 1999 you may have seen Daniel as an independent appraiser on the PBS television show Antiques Roadshow. Integrity, knowledge and discretion make the difference to his clients. Bring your small antiques to Booth #3 for an appraisal. \$5 donation benefits Alzheimer's Association.

6. The Pines

PO Box 7354 Ocean Park, ME 04063
(207) 934-2157 www.thepinescommunity.org
Roxanne Frenette admissions@thepinescommunity.org

The Pines community consists of two properties, Pinewood Manor and The Pines at Ocean Park and are located in beautiful Ocean Park, between Old Orchard Beach Town and Saco, approximately half a mile from golden beaches and only 10 minutes from Portland, Maine. The

Pines at Ocean Park offers 60 newly renovated garden style apartments and Pinewood Manor, an award winning multi-level building, features 50 apartments. Both properties have Section 8 contracts, offer on-site management, including resident service coordination and “at your doorstep” transportation via the TriCity Shuttlebus. Join us and enjoy life “as it should be” at The Pines.

7. Modern Woodmen

184 Webster St. Suite 102 Lewiston, ME 04240
(207) 782-8823 www.ModernWoodmen.org
Paul Colasante Paul.Colasante@MWArep.org

Modern Woodmen exists to improve the quality of life of our members and communities where they live, work and play. We do this through financial guidance and social, educational and volunteer activities.

8. United Healthcare Medicare Solutions

PO Box 1148 Wells, ME 04090
(603)231-1688
Kevin Ouellette kouellette@uhc.com
United Healthcare offers Medicare plan options.

9. Woodlands Memory Care of Lewiston

45 Mollison Way Lewiston, ME 04240
(207) 440-6040 www.woodlandsmaine.com
Pam Smith psmith@woodlandsalf.com

Woodlands Memory Care of Lewiston is a specialized community serving individuals with Alzheimer’s Disease and related memory impairments. We are dedicated to making each day the best day possible for each resident we serve, while bringing peace of mind to those who love them.

10. LA Hearing Center

72 Strawberry Ave. Lewiston, ME 04240
(207) 786-3305 www.LAHearingCenter.org

Ashlee Vandiver, Au. D. www.LAHearingCenter.org

LA Hearing Center offers comprehensive hearing and balance health care utilizing state of the art audiological testing equipment for people of all ages, birth through adults. We are the Lewiston-Auburn area’s only provider of comprehensive audiological services, always delivered to you by highly trained Doctors of Audiology.

11. ClearCaptions

599 Menlo Drive. Ste. 200, Rocklin, CA 95765
(916) 663-6869 www.ClearCaptions.com
Brianna Fried Brianna.fried@clearcaptions.com

Words matter. ClearCaptions is a federally certified provider of captioned telephones, at no cost, for people with hearing loss. For more information, contact Becky Bushey at becky.bushey@clearcaptions.com or call her at (207)650-2492.

12. Maine Emergency Management Agency

45 Commerce Drive, Suite 2 Augusta, ME 04333

(207) 624-4400 www.maine.gov/mema

Susan Faloon susan.faloon@maine.gov

MEMA is the state agency with a mission of lessening the effects of disaster on the lives and property of the people of Maine through leadership, coordination and support in the four phases of emergency management: mitigation, preparedness, response and recovery.

13. Catholic Foundation of Maine

PO Box 799 Portland, ME 041204

(207) 321-7820 www.catholicfoundationmaine.org

Elizabeth Badger Elizabeth.badger@portlanddiocese.org

The Foundation manages over 114 endowments that benefit Catholic institutions, ministries and needs in the state of Maine. Gifts of cash, stock, real estate, insurance and through wills and trusts are accepted and processed in confidence. CFM is a 501 (c) 3 religious charity with an independent Board of Trustees and charter.

14. Goudreau's

15. Maine Seniors magazine

87 Hillside Ave. Bangor, ME 04401

207-944-6888 www.meseniors.com

David Neally dneally@gmail.com

At MAINE SENIORS Magazine, we want you to enjoy the variety of entertaining and informative content that we provide in each issue. This is your magazine - so we highlight inspirational and interesting stories about people and organizations right here in Maine! Visit meseniors.com for more information!

16. Available

17. CaptionCall

4215 S. Riverboat Rd., Salt Lake City, UT 84123

(801) 293-6572 www.captioncall.com

Heide Kraus hkraus@captioncall.com

CaptionCall is the "Gold Standard" in captioned telephone service. With its sleek phone design, red carpet home installation and superior captioning service – all at no cost – CaptionCall raises the bar. Call 877-557-2227 or log onto www.captioncall.com to learn how to request a phone today.

18. Sable Lodge Retirement Resort

74 Running Hill Road South Portland, ME 04106

(207) 808-4999 www.rlcommunities.com

Sable Lodge Retirement Community is a luxurious, all-inclusive resort-style community developed exclusively for adults 55 and over. We offer the comforts and conveniences of modern day living without the hassle of upkeep. *Anticipated Opening late Fall 2017*

19. Arcadia New England

490 Forest Ave. Portland, ME 04103
(207) 831-8335 www.ArcadiaNewEngland.com
Marjorie Hess Marjorie@arcadianewengland.com

Leader in providing home health services for families in Maine, Massachusetts and New Hampshire.

20. Frisbie & Associates

656 Main St. Lewiston, ME 04240
207-754-0815 www.Frisbiebenefits.com
Melissa Lawrence Melissa@Frisbiebenefits.com

We are a team of experienced insurance professionals who bring well over 100 years of expertise to the table. Our agents specialize in various aspects of the industry which ensures that whatever needs clients have, Team Frisbie will meet. Our services include Medicare planning, retirement strategies and social security maximization.

21. Available

22. Available

23. Available

24. Bedard Pharmacy & Medical Supply

359 Minot Ave. Auburn, ME 04210
(207) 784-3700 www.BedardPharmacy.com
Mariah Belanger Mariah.Belanger@bedardpharmacy.com

Independent, family-owned pharmacy and medical supply company. We provide everything from prescription medications to mobility equipment, wound care, CPAP and BiPAP equipment and supplies, diabetic shoes, incontinence supplies, compression wear, lift chairs and so much more. We offer FREE DELIVERY within 25 miles of any location. Ask store for details.

25. Montello Heights

550 College St. Lewiston, ME 04240
(207) 576-7854 www.montelloheights.org
Katelynn Fitzgerald marketingmh@firstatlantic.com

Montello Heights is a Retirement Community located in Lewiston that offers a variety of apartment sizes from studio to two bedrooms. We are dedicated to providing the highest quality services to all tenants in our relaxed, home-like environment. We offer individualized care and encourage each tenant to live life to its fullest. Please call 786-7149 and ask for Katelynn for further information. Live your life and forget your age!

26. Elder Law Offices of Kathleen Kienitz

443 Main St. Lewiston, ME 04240
(207) 783-8500 www.elderlawmaine.com
Kathleen Kienitz kkientz@gwi.net
Debbie Polley debp@elderlawmaine.com

Stop by our booth to speak to our Licensed Certified Representatives to learn more about available plans that meet your unique needs or arrange for a confidential in-home visit.

32. The Plant Memorial Home

1 Washington Street Bath, ME 04530

207-443-2244 ext 1014 www.planthome.org

Kristi Hyde khyde@planthome.org

The Plant Memorial Home is a nonprofit assisted and independent living community located on 24 acres along the Kennebec River in Bath, Maine. We offer exceptional living for our most exceptional citizens. Ask us about our new waterfront Thomas Lane Cottages, brand new and ready for you!

33. Humana MarketPOINT Inc.

1 New Hampshire Ave. Ste. 1235, Portsmouth, NH 03801

(207) 951-5747 www.Humana.com

Bob Stocker rstocker@humana.com

Medicare health insurance and Prescription Drug Plans, dental & vision and more.

34. My Generation/SunJournal

5 Fundy Drive, Falmouth, ME 04105

Lee Hews, publisher leehews@maine.rr.com

207-854-2577 www.MyGenerationMaine.com

My Generation is a publication for Boomers inserted in all the Current Publications offerings. Bimonthly, a different theme presents useful articles on related topics to help Boomers and their families enjoy life more! Check out our new format and look!

35. Better Homes & Gardens Real Estate, The Masiello Group

155 Center St. Auburn, ME 04210

(207)782-8311 www.masiello.com

Linda Beaulieu lindabeaulieu@masiello.com

Mark Pilot markpilot@masiello.com

Experience equality! Better Homes and Gardens Real Estate, The Masiello Group is a full service Real Estate Agency representing buyers and sellers over 51 years. Our full-time, professional agents, along with our partners in Mortgage, Title, Insurance and Home Warranty have the tools and knowledge to help you achieve your goals.