

Speakers at the Seacoast Senior Expo October 10, 2018

Kittery Community Center 120 Rogers Rd., Kittery

Join us at the Seacoast Senior Expo, 9 a.m. – 2 p.m, with free coffee and donuts all day. Antique appraisals by Daniel Buck of Daniel Buck Auctions and Appraisals benefit the Alzheimer's Association. Flu shots from 11 a.m. – 1 p.m. Raffles and door prizes! 30+ exhibitors focused on products, services and resources for older people. No registration required.

Speakers

9 a.m. Maine Emergency Management Agency, crisis preparation and what you can do to manage your safety.

10 a.m. Medicare 101 with Anthem Blue Cross Blue Shield. Join them for an overview of signing up for Medicare, and reviewing your options during open enrollment, when you can change your selections.

11 a.m. Paying for Care with Cornertone at Hampton's Sarah Kniestly. What are the average costs of care, and how can you pay for care? What does Medicare cover? What about MaineCare or Medicaid? Sarah answers your questions about reviewing and paying for senior living options.

12 noon: Amy Anderson of Salvation Army, "I'd Rather Have a Root Canal Than Talk About My Will". Join Amy as she talks about navigating the important paperwork you need for peach-of-mind and family security. Lunch provided for the first 10 attendees.

1:00 p.m. Disability Rights Maine, with Dedbra Bare-Rogers. Did you know that hard-of-hearing people in Maine can receive a free caption telephone? DRM will demo phones and talk about eligibility.