

Andy Valley Successful Aging Expo Speakers

June 1, 2022

Ramada Inn 490 Pleasant St., Lewiston

10:00 Disability Rights Maine/Maine Relay Debra Bare-Rogers

What hearing assistance and devices are available free of charge for Mainers? Find out and see samples. Difficulty hearing on the phone? Maine Relay is available at no-consumer cost for Mainers who have trouble hearing phone conversations. Join Debra Bare-Rogers from Disability Rights Maine/Maine Relay and learn more about how Maine Relay can help make you part of the conversation.

11:00 Edwards Lifesciences Jeff Legro

Short of breath? Tired doing simple things? Just normal aging or is something else causing these symptoms? Come join us for a discussion on Aortic Valve Disease, how a diseased valve can cause debilitating symptoms, and what can be done to fix it.

12:00 The Salvation Army Amy Anderson

Join Amy Anderson for a fun game of Retirement Jeopardy! Learn about various retirement pitfalls and how to successfully navigate toward a more comfortable future.

1:00 Clutter Class Deborah McLean

Are you overwhelmed with stuff? Get a few tips and pointers and some inspiration for conquering your clutter in this one hour class.